Vincentia Schroeter, Margit Koemeda-Lutz (Eds.)

Bioenergetic Analysis


Psychosozial-Verlag
Submissions for consideration for the next volume of *Bioenergetic Analysis* must be sent to the editor (vincentiaschroeter@gmail.com) between June and September, 2012.

Bibliographic information of the Deutsche Nationalbibliothek (The German Library)

The Deutsche Nationalbibliothek lists this publication in the Deutsche Nationalbibliografie; detailed bibliographic data are available in the Internet at http://dnb.d-nb.de.

Original edition
© 2012 Psychosozial-Verlag
Walltorstr. 10, D-35390 Gießen
Fon: +49 - 6 41 - 96 99 78 - 18; Telefax: +49 - 6 41 - 96 99 78 - 19
E-mail: info@psychosozial-verlag.de
www.psychosozial-verlag.de
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Cover: Drawing of the Bioenergetic technique “towel pull sketch” by Vincentia Schroeter
Draft design cover: Hanspeter Ludwig, Wetzlar
www.imaginary-art.net
Printed in Germany
ISBN 978-3-8379-2159-5
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Nirmala Bhat
Peter Fernald
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Mae Nascimiento
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Dear Reader,

Welcome to the twenty-second edition of *Bioenergetic Analysis*, the clinical journal of the IIBA. The journal, as an arm of the IIBA would like to recognize and honor our venerable IIBA faculty who gained emeritus status in 2011. Each of them has trained generations of Bioenergetic therapists and put their unique stamp on this work. Thank you to Eleanor Greenlee, David Campbell, Marilyn Moranis, Vivian Guze and Bennett Shapiro.

The hard-working Board of Directors of the IIBA has decided to continue to offer this journal in print as a benefit to members, who appreciate a paper volume that they can hold in their hands. This 2012 edition contains five original articles, one poem and one book review.

As reflects our international flavor, we have papers that hail from New Zealand, the USA, Italy and Switzerland. Garry Cockburn discusses object relations and Bioenergetics in his article. Nicoletta Cinotti offers a paper on infant research. Bob Lewis presents a paper exploring if knowledge of neurobiology helps or hinders the clinical encounter. Helen Resneck provides a paper discussing the contributions of Harlow and Lowen in relation to neuroscience, attachment and love. Finally, Margit Koemeda discusses the latest data from neuroscience research and its implications for Bioenergetic clinicians.

These last three papers were keynote addresses at the October 2011 IIBA conference in San Diego. The theme of the conference was Neuroscience, the Mind and the Body. The exuberant conference opening was designed to celebrate the inclusiveness all the members. Thirty-four flags draped one
wall at the conference, indicating the many countries that IIBA members come from. In the spirit of international communication, the journal offers translations of the abstracts of these papers into the five primary languages beside English. Thanks go to the translators. They are France Kauffman, Fina Pla, Mae Nasciemento, Jörg Clauer, Angela Klopstech, Margit Koemeda-Lutz, Rosaria Filoni and Barbara Lewis. If members are attracted to the themes in the abstracts, they are invited to translate the entire article for the native speakers in their societies who do not read English.

Besides the five articles, there is a poem by Linda Neal called, “Toward Water”. She has written a short note about how writing poetry is like a good Bioenergetic session! Jacqueline Mills has written a book review of *Bend Into Shape: Techniques for Bioenergetic Therapists*. This new book was completed in 2011 and is a compilation of Bioenergetic interventions. It was written by Vincentia Schroeter and Barbara Thomson. The cover for this journal is a photo of a drawing by Vincentia that illustrates one of the techniques from this new book.

The editors would like to thank the reviewers and copy editors who turned a professional eye to the works included for this volume. Thanks go to Mae Nasciemento, Tarra Stariell, Peter Fernald, and Nirmala Bhat.

Enjoy reading this volume of the IIBA journal.

Sincerely,

Vincentia Schroeter

December 5, 2011