Vincentia Schroeter, Margit Koemeda-Lutz (Eds.) Bioenergetic Analysis 2011 (21)

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Mae Nascimento, Margit Koemeda-Lutz, Vincentia Schroeter, Phil Helfaer, Linda Neal, Tarra Stariell, Helen Resneck-Sannes

LETTER FROM THE EDITOR

Dear Colleagues,

Welcome to the 21st volume of the clinical journal, Bioenergetic Analysis. One of the benefits of being a member of the IIBA is to receive this journal. A new volume is published annually. Clinical or research papers with relevance to the practice of Bioenergetic therapy are considered each summer. Papers must be submitted to the editor during the summer. Recently some IIBA conferences have been held in October. Papers presented as keynotes or presentations at these Bioenergetic conferences are not automatically considered for publication. An author who wants a paper to be considered must email their paper to the editor between June and September. The paper will be sent to at least two reviewers. The author's name is removed form the paper during review. The reviewers, therefore, do not know who wrote the paper. This aids in objectivity. A process of consideration ensues. Papers are accepted, rejected, or sent for revision.

The recent IIBA conference in Brazil was called, "The Poetry of the Body". Inspired by that theme, we have a new category in the journal this year. It is for creative writing. Creative pieces with content relating to the interests of therapists were considered. There are two sets of poetry in this volume. There are also three original papers. Bob Lewis writes passionately on the poetry of the body. His paper was adapted from his keynote in Brazil. James Allard writes a condensed version of

his research on Bioenergetic therapy and the client's relationship with God. Jörg Clauer reports on fascinating new research on the *primary triad* in his paper considering aspects of grounding. These three authors are from three different countries, honoring our international flavor.

In the last volume we began a new process of translating the abstracts of the original papers into the five primary languages other than English, which are spoken by our members. These translations of abstracts will become a regular feature in the journal. The goal is to spark the interest of non-English reading members. If they are intrigued with the abstract, they are encouraged to translate the entire article for their local society. I want to thank the translators for this volume. Dankeschoen, Margit Koemeda. Le vous remercie, France Kauffman. Grazie, Rosaria Filoni. Obrigada, Camile Milagres. Gracias, Fina Pla.

The first person I ever heard about Bioenergetic Analysis from was Richard Mullins. He spoke in a graduate psychology class I was attending. I was instantly intrigued with his explanation of the body/mind duality and a form of working with chronic tension patterns in psychotherapy. He became one of my trainers when I attended Bioenergetic training in Northern California from 1976 to 1980. Dick Mullins died this past year. I asked my friend and colleague, Walt Watman, to write a memorial note for this volume. They were best friends. As a talented teacher, Dick was one of those people who affected and influenced generations who followed him into this work. To his family, his friends and to his Bioenergetic subgroup of colleagues who have maintained a support group since 1979, I offer my condolences for your loss. Dick Mullins was one of the strong threads that wove together the breathable fabric that has become our Bioenergetic community.

Our former chief editor, Margit Koemeda has completed a major work in writing a book about Bioenergetics and neuroscience, written for the lay public. Angela Klopstech reviews the book in this journal. Margit reviews a book about neuroscience by Joaquim Bauer. Currently, these books are only available in German. Bob Hilton reviews a book by Daniel Siegel. Both Dr. Siegel and Dr. Bauer will be keynote speakers at the upcoming IIBA conference to be held in San Diego, California, U.S.A., in October, 2011. Included in this volume is an invitation to this conference. It will be translated into six languages. We in San Diego are very excited to be

hosting this major event. Besides Dr. Bauer, Daniel Siegel will also be an outside keynote speaker. We hope to welcome many of our international community members to our sunny shores next October.

Finally, I want to thank the authors for sending their original work published for your reading pleasure. I also want to thank the reviewers and editors who devoted their time and attention to the submissions we received this year. These editors and/or reviewers are Margit Koemeda, Mae Nasciemento, Phil Helfaer, Linda Neal, Helen Resneck-Sannes, Tarra Stariell, and Angela Klopstech.

I hope you enjoy this volume.

Warm Regards,

Vincentia Schroeter Encinitas, California, USA November 16, 2010